



# **HILSEN**

**APRIL 2024**



## **CONTACT INFORMATION**

Church Office / Folk School  
(507) 247-3000  
[office@danebodlutheran.org](mailto:office@danebodlutheran.org)

## **OFFICE HOURS**

Tuesday 8-1  
Wednesday 8-4  
Thursday 8-1  
Friday 8-11

If you have any questions or concerns,  
or would like to speak with Pastor Megan, please call the office or stop in.

# Mind and Matter

## *A Message from Pastor Megan*

“Mind over matter” has been a mantra for me most of my life. It’s helped me push myself to the limits, achieving what I never thought physically possible. I distinctly remember biking around my neighborhood with my dad as a kid. Preschool Megan wasn’t necessarily known for her muscular build (much like adult Megan), so some of the hills we came upon—even just the incline of the driveway—were a challenge for me. My dad would always coach me, “Just repeat ‘I think I can! I think I can!’ and you’ll reach the top!” And you know what? He was right. I’d huff and puff like the little engine that could, muttering self-encouragement, and slowly but surely, I’d make it up and over the hills.

As I got a little older, “mind over matter” came in handy when I wanted to appear tougher, more mature than I actually was. Like one time, my family was taking a road trip to Colorado, and, out of nowhere, a bright, beautiful butterfly fluttered in front of our Ford Explorer and was promptly obliterated on the windshield. My mom then made the off-handed comment “Oh dear, that poor little monarch migrated here all the way from Mexico, just to get hit by our car.” Pre-teen me was devastated for the innocent creature and its untimely demise. I still tear up thinking about it! But I was almost thirteen then, so I grit my teeth and ordered myself to “Keep it cool. Don’t cry.”

“Mind over matter” has its merits, especially when it comes to physical and emotional endurance, but it also has its limits. The more we shut down and override our genuine physiological cues, the less we are able to recognize and address them in the long run. Think about hunger cues, for example, and how easily those can get dulled by eating too much or too little. The same dulling happens to our empathic selves. The more we force ourselves to “toughen up” and grow a “thicker skin,” the number, more distant we’ll feel from the emotions of others, and the more confused and frustrated we’ll be when our own emotions don’t follow the mind’s marching orders.

Our minds were never meant to usurp our bodies or vice versa. We are *wholly* human- complex beings with brains and bodies that work together to help us experience the world. Both aspects deserve our care and respect. It’s how God designed us in God’s own image; it’s why God came to earth “*incarnate*”/in the flesh; and it’s how God’s Spirit moves through us today. When we allow our bodies and minds to connect with each other, we also prepare the way for our God to, softly and tenderly, connect with us.



*“I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.” -Ezekiel 36:26*

## Minutes for Danebod Church Council

March 12, 2024

**PRESENT:** Harlan Petersen (President)(remote), Erik Jorgensen (VP), Lena Burckhardt (Secretary), Erik Gile, Garth Jensen, Jackie Hess, Pastor Megan Eide, Heather Furan (Treasurer).

**NOT PRESENT:**, Julie Kent, Joan Jagt, Rick Nielsen

At 7:05 PM the meeting was called to order by Erik Jorgensen and a quorum was established. Some additions were made to the agenda.

### REPORTS:

1. Treasurer's report for February was presented. Discussed some changes that need to be made to the report. MSC to approve February report with the changes was made by Garth and seconded by Jackie. A MSC to move \$1,100 from undesignated memorial fund to the scholarship fund was made by Pastor Megan and seconded by Lena.
2. Secretary's report for February was presented. MSC to approve February minutes made by Erik G. and seconded by Garth.
3. Pastor's report – batteries on the church door keypad went out last week, those have been replaced. Brennan & Kelsey Hammers & family have joined Danebod as new members. Sunday May 5<sup>th</sup> will be music Sunday. This coming Sunday, March 17<sup>th</sup> First English will be worshipping with us. On Sunday, April 14<sup>th</sup> we will be worshipping at First English.

### OLD BUSINESS:

1. Missionary support – We will now be funding young adults in global mission as part of the ELCA mission network.
2. Sick & Safe Mandate – ESST (earned safe and sick time) is being mandated by the state of MN for any employee who works more than 80 hours in 1 year. It was decided to front-load ESST hours for Diane, Brenda, and Heather since we know approximately how many hours they will be working in a year. For the seasonal employees they will earn this time through an accrual method.
3. Parish Hall update – discussed the next steps in moving forward with forming a planning committee.
4. Donations for Food Shelf – Our understanding is that the Tyler Food Shelf is not need of food or money. We did discuss several volunteer opportunities in the area as a way to give back. Erik G. & Jackie offered to help coordinate that.
5. The directory will be going to print soon. The printing cost is \$1020 (We had previous paid \$1200 to the photographer). The cost per directory will come out to be approximately \$15 per directory. A MSC to pay for the printing of the directory from the undesignated memorial fund was made by Lena and seconded by Erik J.

### NEW BUSINESS:

1. Folk School Basement Flooring - New flooring will be installed in the Folk School basement starting on April 22<sup>nd</sup> . They believe it will take approximately 3-5 days.
2. Folk School Tile Project – 8" tile and spur will be installed by the northwest corner of FS. The cost will be \$8200. The FS committee approved this expenditure. FS committee is asking for church council approval so they can get the work done ASAP. A MSC to approve this expense was made by Garth and seconded by Erik G.

*(Council minutes continued on next page)*

(Council minutes continued)

3. Blue Jean Wednesday – Planning to do campus & cemetery clean up on Wednesday, April 24<sup>th</sup> with a backup date of May 1<sup>st</sup> . We plan to wrap up the cleaning with roasting hot dogs around the fire.
4. Elevator Project – MNHS and the architect were here on Mar 7<sup>th</sup> to review the project.
5. Confirmation Sunday – Confirmation will be on April 21<sup>st</sup> . Church council will be hosting cake, ice cream and coffee in the gym hall after church.

### Committee Reports

Administration (Joan Jagt, Erik Gile, and Harlan Petersen) – no report

Property (Garth Jensen & Erik Gile) – Scott Johnson has agreed to be on the committee. Garth replaced some light bulbs in some closets in the basement of the church and fixed a faucet.

Cemetery (Rick Nielsen) – no report

Parish Education & Youth Ministry (Lena Burckhardt) – This coming Sunday the JFJ youth will be leading Kids Church. Their last week meeting will be April 10<sup>th</sup> .

Outreach & Stewardship (Jackie Hess) – The committee put together some new family welcome packets.

Worship & Music (Julie Kent) – no report

Folk School (Erik Jorgensen) – main points listed in new business

Financial Advisory (Harlan Petersen) – no report

The next meeting is Tuesday, Apr 9<sup>th</sup> at 7:00 PM

MSC for adjournment at 9:15 PM by Lena and seconded by Garth.

Lord's Prayer

Respectfully submitted, Lena Burckhardt

The Church Council is in the process of assembling a Parish Hall planning committee. This committee will consist of 5-7 members of the congregation and will be responsible for soliciting, screening, and prioritizing desired components of a potential parish hall in preparation for engaging with an architect.

Please contact the church office if you are interested in being a part of this project..

*Velkommen forår*  
(Welcome Spring)



## **Folk School Committee Meeting**

Monday March 4, 2024 -- 6:00 PM at Folk School

**Present:** Jerry Bly, Pastor Megan, Brenda Knudson, Mark Stage, Deb Burckhardt, Jill Jaspersen, Erik Jorgensen, Olga Ekberg, Heather Furan, Arnie Dam

**Absent:** Tate Burckhardt, JoAnn Peterson, Cade Drake

Jerry called the meeting to order with the Lord's Prayer

Financial Report:

- **Elevator Fund:**
- Heather will open an investment savings account at First Independent Bank in Tyler for the elevator account. The authorized signatures will be the same as on current Danebod accounts.
- Will move the monies from MNHS and the other funds that are earmarked as Elevator funds to that account
- Jerry will formally request the \$11,000 that is earmarked for the elevator fund be disbursed and deposited into the new elevator investment savings account;
- Folk school got \$20,000 from the Marvaleen Petersen Trust fund – will leave that in checking until after the flooring project is done;
- Need to vote on the \$10,000 in the CD – what to do next with it and how to keep it earmarked for the Stonehall;
- Jerry will get the information from George and send out an email for the vote since Cade wasn't able to be at the meeting today.

**Motion to approve the Financial report by Deb, seconded by Arnie; Carried**

Pastor's report:

- Provided a summary on the Minnesota Earned Sick and Safe Time (ESST) law that went into effect on Jan 1, 2024 and how it affects part-time employees at Danebod. Once Danebod's policy is completed for its implementation, it will be included in all contracts/packets for Danebod employees.
- Council is in full support of getting Matt Tolbert to do the W-2's and 1099's for end of year; Heather will get the cost of doing that prior to the budgeting process which is usually the October, November timeframe.

Brenda's Report:

- Flooring
- Following a discussion, the best dates for the flooring project would be after April 10<sup>th</sup>, so between April 15<sup>th</sup> and the end of April would be best.
- Deb will call Steve to give him the date range and will email Pastor and Brenda with the dates that Steve decides on.
- Deb will ask Steve if the invoice for the materials was meant to be an invoice or if it was sent to document the costs of the materials.

- Water mitigation project

*(FS minutes continued on next page)*

(FS minutes continued)

- Following the discussion on the details that Tony from TE Underground provided to John, there was a motion to proceed:
- Mark motions that we do the 8" pipe, estimated at \$7,700.00 and the tiling that is estimated at \$500.00 as detailed by TE Underground; Arnie seconded the motioned and it was carried unanimously.
- As soon as Tony can do that, the better;
- Tony will take out the shrubbery and then we will redo the landscaping;
- Pavilion - MN Arts Council would like to use the pavilion when they are her on May 3rd and 4th.  
Is it possible to get it cleaned out prior to that?
- May 3rd and 4th – MN Arts Council – need to clean out the Pavilion prior to that – Blue Jean Sunday
- Confirmation is on April 21st, so we will plan on Blue Jean Sunday for April 28th.
- Tables: Brenda and Diane will order the replacement tables decided on over the past couple of meetings.
- Nick will take the old tables.
- It will be cheaper to go through the table manufacture (Lifetime) than through the Lumberyard.
- Following a discussion, it was decided that the water will not be turned on until early April.

February Minutes:

- Following a brief discussion, Mark motions to approve minutes; Deb seconds; Carried

Rental details for Call:

- March 7 - 9 Jenna Johansen – 3 nights Lodge (1 room & commons area); Olga on call
- March 12, Alma Thomsen - Marshall Township (Lodge Commons 8:30 – 3:30) – Tate on call
- March 29-30 Linda Ballard – Lodge – one room 2 nights; Olga on call

Hay Dobbs project drawings

- The committee took time to review the drawings and discuss the different options.

Other Business:

- The beds that were formally in the office in the lodge will be moved to storage.
- June and July camps will be allowed to bring air mattresses and bedding so that an extra person or two can sleep in the Lodge rooms.

Arnie moved to adjourn, Deb seconded; Carried;

Next Folk School Committee Meeting, Monday, April 1st. Bring your April Fool's jokes

## Blue Jeans Wednesday- April 24<sup>th</sup>

We're rolling up our sleeves and giving Danebod a little TLC before the summer fun! Starting at 5pm, show up in your blue jeans and help with various outdoor projects, on campus as well as at the cemetery. The property committee will have a wish-list of chores for us. Everyday outdoor tools such as rakes and gardening will surely be needed! We'll communicate other needs for specialty tools as the date approaches. Oh, and did we mention a free picnic dinner will also be served! There will be opportunities for all ages and abilities- all it takes is a willing heart and the time you can spare! No need to sign up, just show up :) Should we get rained out, we will reschedule for Wed. May 1.



## Hey Youth! Whatcha doing?!

Concerts, meets, tournaments—oh my! Youth, you are exceptionally busy this spring with all kinds of events and opportunities. Pastor Megan would love to be there to support you! Middle schoolers and high schoolers especially, invite Pastor to show up for you and cheer you on this April. Email her your calendars and highlight those special events that mean the most to you. Even if they are out of town, Pastor will do her best to be there for you. Reach out to her at [pastormegan@danebodlutheran.org](mailto:pastormegan@danebodlutheran.org).



## Music Sunday- May 5<sup>th</sup>

Do you fancy yourself a singer or a musician? Have a musical talent you'd like to offer in worship? Then be sure and save the date for Music Sunday, May 5<sup>th</sup>! Our regular 9:30 worship service will center around the spiritual gift and power of song. Anyone ages 2 to 102 can sign up to participate by performing a solo, duet, or small ensemble piece. Both the vocal choir and the bell choir will also perform. Those interested, please reach out to Julie Kent or Marijane Borresen either directly or by contacting the church office.



**Danebod Lutheran Church**

**As of February 29, 2024**

Budget Year to Date	\$25,836.58
General Fund Revenue to date	24,458.58*

Amount Over Budget to date **\$1,496.15**

**Envelopes ONLY by month--To meet budget collections should be 13,872 per month**

	2024	2023
	<hr/>	<hr/>
January	8307.23	16,162.50
February	15,030.92	13,336.25
March		11,670.48
April		16,588.25
May		7,332.50
June		8,794.23
July		8,102.50
August		13,530.55
September		14,995.11
October		16,284.42
November		9,780.49
December		22,854.29
<b>Total</b>	<b>23,338.15</b>	<b>159,431.57</b>
	<hr/> <hr/>	<hr/> <hr/>

**Envelopes ONLY for past 4 years as of December 31, 2023**

<b>2023</b>	<b>2022</b>	<b>2021</b>	<b>2020</b>
159,431.57	128,811.08	126,014.24	131,399.78

**Includes envelopes, parish ed, donations, loose and special service offerings.**





## Memorials and Honors

### GENERAL FUND

In memory of Jim Utoft from Pastor Albert Bodaski

### VOCAL MUSIC FUND

In memory of Alice Holm from Bev Gylling

### PRAYER CONCERNS

Deb Sinding

Mark Falconer and his family

Garnet Petersen

Betty Jorgensen

Trent Hiller (friend of the Johnson family)

Kristi Eickhoff

Bo Duncan

Bob and Lorraine Mintun (friends of the Clark family)

Joseph Wutsch (son of Diane Clark)

### MISSION SUPPORT

April 7<sup>th</sup>: not spoken for yet

April 14<sup>th</sup>: In honor of Levi's 16<sup>th</sup> birthday from Gretchen, Troy, and Morgan

April 21<sup>st</sup>: not spoken for yet

April 28<sup>th</sup>: not spoken for yet



*Thank you!*

Ladies, can't thank you enough for your awesome quilt, and for just thinking of me!! Your generosity is greatly appreciated!!! *Again, thank you, Deb Mikkelsen*



Did you know that Danebod offers \$100 scholarships for our youth to attend Bible camp?

We have scholarship applications in the office. We're happy to email one to you. Just fill it out and send it back, we'll take care of the rest!

# KIDS CHURCH

On Sunday March 17<sup>th</sup> the Jumping for Jesus youth lead worship. They collected Noisy Offering to raise money to buy items through the ELCA Good Gifts program. A total of **\$642** was raised. They will be able to buy the following:

- 2 goats
- Soup kitchen for a day (for 50)
- 3 water filters
- 2 gardening kits
- 2 hygiene kits
- 3 family-sized mosquito nets
- 4 blankets



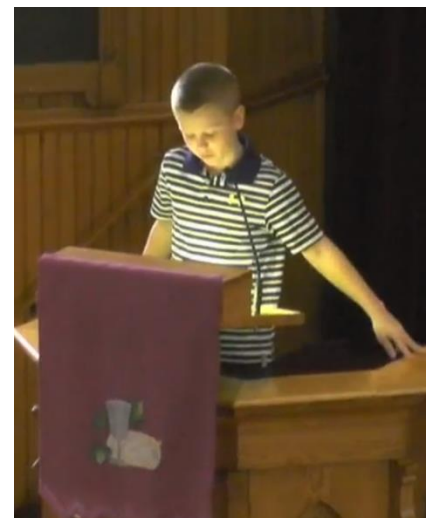
Mosquito nets for a family



Goat



Water filter





## *Easter Altar Flowers*

In memory of Bedstemor and Bedstefar from Curt and Darla Madsen & Family

In memory of Grandma and Grandpa from Curt and Darla Madsen & Family

In memory of Betty, Dan and Karen from Curt and Darla Madsen & Family

In memory of Grandpa Charlie Hammers from Brennan and Kelsey Hammers

In memory of Roger and Other Loved Ones from Bev Gylling Family

In memory of our parents from Randy and Diana Nielsen

In honor of Pastor Megan from Josh and Maddie Baez

In memory of Henry Jacobsen from Sharon Kolle

In memory of Rodney Kolle from Sharon Kolle

In memory of Jerry from Myrna Rokeh

In memory of Jeanne Nielsen from Dale Nielsen Family

From Amanda and Cade Drake

In memory of Dennis and Jolean Faaborg from their children; Julie, Denise and Jason

In memory of Ansgar and Margaret Sinding from Gary and Deborah Sinding

In honor of our children: Samantha and Seth from Gary and Deborah Sinding

From Jill Jaspersen

In memory of our parents from Paul and Alma Thomsen

In memory of loves ones from Karen Koster

In memory of all Tommeraasen's and Johnson's

In honor of our church family from Troy, Gretchen, Morgan and Levi

In honor of Frank and Betty Jorgensen from Cindy Dunham

In memory of Grandma and Grandpa Hansen and parents Charles and Lil Dunham  
from Cindy Dunham

In memory of Les Lundell from Norma Lundell

In memory of Tony Akland from Ivan, Kristi and Harper Petersen



## “Danebod Folk Meeting – Aug. 21-25”

In 2023 with Covid finally receding, the Danebod Folk Meeting Planning Committee spent significant time discussing our future and how we might engage participants in new and exciting ways after two years of Zoom.

Reflecting on Grundtvig’s goals for life-long learning, we decided to experiment with one afternoon of “experiential” workshops that offered hands-on activity for small groups,. The positive feedback we received in 2023 convinced us to offer another array of workshops in 2024:

- A culinary opportunity will include making kransekage with Marilyn Gift and apple pie with Joel Mortensen
- Write a masterpiece in Henrik Strandskov’s play-writing workshop
- Engage in the world of art with Susan Jacobsen and learn how to create your own personal art gallery
- Tom Melville will help us discover why cricket is the world's second most popular team sport and the oldest team sport in America
- Try your hand at the ancient art of stone balancing with Peter Juhl
- Erik Hansen will engage our livestream participants in connecting with each other through a history of the people who created and have sustained the Folk Meeting for 78 years

Join us at the Folk School for three days of lively discussions and experiential learning! Or pop in for a meal or a lecture or two to get a taste of what we’re all about. You can find more details about the Experiential Learning workshops at [danebodfolkmeeting.org](http://danebodfolkmeeting.org).



Danebod Lutheran Church set up a Scholarship Foundation several years ago to assist congregational members in their post-secondary education (college or trade school). The amount of the award is \$300.00 per senior. Once you have completed a semester of school, present a copy of your grades (with an equivalent grade point average of 2.0 or better) along with the application, which you can request from the church office.

# APRIL 2024

**Sunday      Mon.      Tues.      Wed.      Thurs.      Fri.      Sat.**

	<b>1</b> 6:00p.m. FS Council	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
9:30a.m. Worship with Communion  10:30a.m. Coffee Fellowship		7:00p.m. Church Council meeting	9:00a.m. <b>Bible Study - FS</b>  5:30 last JFJ 6:30 Confirmation  6:00 Bell Choir 7:00 Vocal Choir	9:00 a.m. <b>Quilting</b>		
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
9:00a.m. <b>Worship          At          First English</b>			6:30 p.m. - Parsonage Confirmation Party with mentors  6:00 Bell Choir 7:00 Vocal Choir			
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
9:30a.m. Worship with Communion <b>CONFIRMATION          SUNDAY</b>  10:30 Ice cream reception in Gym Hall			9:00a.m. <b>Bible Study - <u>SH</u></b>  5:00p.m. SH Tyler Arts Council  6:00 Bell Choir 7:00 Vocal Choir  <b>5:00p.m.BLUE          JEAN WEDNESDAY</b>			
<b>28</b>	<b>29</b>	<b>30</b>	<b>5/1</b>	<b>2</b>	<b>3</b>	<b>4</b>
9:30a.m. Worship  10:30a.m. Coffee			6:00 Bell Choir 7:00 Vocal Choir			

**APRIL 2024  
MINISTRY TEAM DUTIES**

	April 7 Communion	April 14	April 21 Communion & Confirmation Sunday	April 28	
<b>Lector:</b>	Olga Ekberg	Gretchen Tommeraasen	Erik Gile	Kristi Petersen	
<b>Ushers:</b>	Ryck Jorgensen, Nick, Connor, Tate Johansen	Ryck Jorgensen Troy and Levi Tommeraasen	Ryck Jorgensen Troy and Levi Tommeraasen Barb Johnson	Ryck Jorgensen Ivan and Harper Petersen	
<b>Alter Guild:</b>	Jenna Johansen	Barb Johnson, Morgan Tommeraasen	Gretchen & Morgan Tommeraasen Bethanin and Rorye Jobe	Diana Nielsen	
<b>Flowers:</b>	Olga Ekberg	Jill Borresen	Jill Borresen	Barb Johnson	
<b>Communion Helpers:</b>	Laura Jensen, Lisa Pease		Gretchen Tommeraasen, Bethanni Jobe		
<b>Coffee Fellowship:</b>	Jenna Johansen, Jan Thomsen	Tracy Baune, Kelly Jorgensen	Church Council Cake, ice cream reception Gym Hall	Cerrisa Gile Lori Sanderson	



Congratulations 4<sup>th</sup> graders  
on your first communion!

Left to Right: Hans Burckhardt, Haydyn Vos, Brittney  
Thomas, Hannah DeVries, and Bennett Wilmes

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